

Helena Araújo



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Date of birth: 15.10.1993

Nationality: Brazilian and Portuguese

Languages: Portuguese, English, Spanish, Dutch (B2)

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Neulerchenfelderstraße. 57 / 17, 1160 Wien, AT

An outstanding performer, with a versatile and creative mind, who is an independent and technically strong artist.

Education

2014-2015: Artesis Plantijn Hogeschool Antwerpen: B.A. programme (BE)

2012-2014: SEAD - Salzburg Experimental Academy of Dance (AUT)

2010-2012: Rambert School of Ballet and Contemporary Dance (UK)

2006-2010: Deborah Colker Movement Centre and Drama School (BR)

Professional Performance Experience:

2022-2023:

Dave & Golly, **collaboration with Nela Kornetová** (CZ/NO)

Ne Mosquito Pas, **Simon Van Schuylenbergh** (BE)

2020-2021:

SARX, **Martin Talaga** (SK/CZ)

PINKBUS, **Martin Talaga** (SK/CZ)

Teatro Anatomico, **collaboration with Eleni Ploumi** (GR/NL)

2019-2020:

Dancer of the Year 2018 shop, **Trajal Harell** (US)

The Total Eclipse of the Heart, **co-creation with Martin Talaga** (SK/CZ)

Magic and Sex, **co-creation with Eyal Bomberg** (IL/DE)

2017-2018-2019:

SCULPTURES- a concert with unpretentious choreography, **Ivo Dimchev** (BG)

REPLAY, **Renan Martins** (BR/DE) / **DanceWatch** (CZ)

WRECK- a list of extinct species, **Pietro Marullo** (IT/BE)

Let's dance, **Petra Tejnorová** (CZ/SK)/ **VerTeDance** (CZ)

.the best things to come before the end of the year, **co-creation with Fernanda Libman**
(NL/BR)

Game by **Tomas Danielis** (BE/ SK/AT)

2016-2017-2018:

Mein Liebling, **T.R.A.S.H. Dance/performance group** (NL)

FAILBETTER, **Renan Martins** (BR/BE)

Eternal Chilling, **co-creation with Evangelos Biskas** (GRC), **winners of the Young Dance Makers Awards**, Amsterdam production House (NL)

Stardust, **Luisa Schmitz** (CHE)

Conference of Birds, **Gilles Polet** (BE)

Interlude the white room: short movie by **Jelena Kostic** (NL)

2015-2016-2017:

Auf Wiedersehen, **T.R.A.S.H. Dance/performance group** (NL)

Let me die in my footsteps, **Renan Martins** (BR/DE) / **ME-SA** (CZ), **BOD.Y** (SK)

In touch, movement research by Renan Martins (BR/DE)

Own creations:

2022-2023: *my gentle wild squirts*, supported by Makershuis Tilburg (NL) and performed at De Nieuwe Vorst Theatre as part of the Moving Future Festival and at Savarin Space, part of the Playboyz Prague Festival (CZ) and will be presented at Volksroom vzw (BE), DeSingel Theatre (BE), Pinkbus Festival (CZ), Zahrada Theatre Space (SK), as a part of V-fest Festival at De Nieuwe Vorst (NL), FDS Festival (CH) and SPIT Festival at TQW theatre.

Colorful Self- an artistic intervention, short performance, performed at Recyclart (BE), Onderstroom Festival (BE) and at Punch, de Pond Museum Tilburg (NL)

Tea with the World, supported by DansBrabant (NL) and performed at Park Tilburg (NL)

2021: *You and Me*, supported by the Etterbeek Community of Brussels (BE), online performance

2020: *RedmyRitual*, supported by Krakkers Festival (NL) and collaborated with Oficina Popular (BR)

Perfect Scenario, performed at Summer Seasoning (NL), Queeriety (CZ), Krepi Festival (SK) and Pinkbus Plataform (CZ)

2019: *Pocotó*, a queer concert/performance duo, performed at Vogelbal (DE) and Tic-Tac Art Centre (BE)

2018: *What we really share*, performed at Studio Alta (CZ) and Krepi Festival (SK)

2017: F from Fabulous Fisherwoman, *DeKaai*, supported by vzw DeadPoet (BE)
Collective *The House of Unicorns: A Cunty Place*, supported by Atalaia Artes Performativas (PT) and Rosas Studios (BE)

2015: *Things that might come*, created together with the composer Carlos Brito Dias (PT) and the musician Gert Malfliet (BE), supported by DeStudio (BE) and Cultuurcentrum Berchem (BE)

The Wild Pigs, supported by Volksroom Brussels, Cultuurcentrum Berchem and premiered at DeSingel-Gele Zaal Theatre (BE) and De Studio (BE)

Teaching experience:

2021-2022: Improvisation workshop at the Fontys Academy of Circus and Performance Art, NL; pleasure practice workshop at DeSingel Masters in Dance, BE.

2020: Improvisation workshop at the Fontys Academy of Circus and Performance Art, NL; at Dansverkstaedid (IS) and University of Arts in Iceland (IS) and Espaco Mova (BR)

2019: Improvisation workshop at the Fontys Academy of Circus and Performance Art, NL; Creative dance classes at Academie van Gooik, Muziek, Woord en Dans

2018: Assisted the workshop VOILÁ- THE MOST IMPORTANT THING IN THE UNIVERSE of Ivo Dimchev in Impulstanz, AT

2016-2017: Contemporary technique classes at Cultuurcentrum Strombeek Grimbergen, BE with children from 4 -15 years old and Adults

Workshop of improvisation- Shake it to the Ground and bring it back up at Studio Alta (CZ)

2016: Workshop of improvisation techniques at The New Space, Brussels, BE

2015: Workshops of improvisation technique at *Espaco Rampa* (RJ) and *Espaco Vibre* (RJ)

Workshops:

Mark Tompkins (improvisation) at Tic-Tac Art Centre (BE); **Suelem Cristina** (Kalari studies) at Espaço Mova (BR), **Meg Stuart** (improvisation) at Trafó House of Contemporary Art, HU; **Keith Hennessy** (queer performance and shamanic improvisation) at Impulstanz, AT; **Florentina Holzinger** (transformatory fighting) at Impulstanz, AT; Guest student **Ivo Dimchev** (writing love songs and improvisation) at Impulstanz, AT; **Katie Duck** (improvisation) at Studio Brussels, BE; **Doris Uhlich** (more than naked bodies “technique”) at Impulstanz Festival, AT; Guest student in **David Zambrano** (Flying Low, Passing Through and improvisation) at Impulstanz, AT.

BIO:

Helena Araújo is an enthusiastic femme maker and performer, lover of plot twists and a clown full of kitsch and bad jokes. She is originally from Rio de Janeiro and currently lives in Vienna. Helena, as a maker, loves to give space for the imagination to flourish and the double meanings to arise.

She is interested in leaving space for different artistic languages to coexist and blend together. In this space, the conventional values and expectations projected onto these languages, and how they are supposed to relate to each other, are free to be challenged. In her performances she tries to embody the political/theoretical/poetic, more than to use a didactical or academic discourse to show the nuances of different questions that she explores.

As a good libra, Helena loves to please. Besides working within the traditional spaces of contemporary art she also adores to entertain feverous cabaret nights. Helena challenges the canonical language of cabaret theatre by melting the rigid structures of what a cabaret performance should be and look like. It is often a very colorful mix of dance, performance, theatre and screaming songs.

Helena's works have been shown in various places such as Radiant Nights Festival (BE), Moving Futures Festival (NL), FDS Festival (CH), Zahrada Theatre (SK), V-Fest Festival (NL), Pinkbus Plataform (CZ), Paradise Cabaret (IE) and

House of Circus- Cabaret Night(NL).

Also, as a performer she has worked with many artists: TRASH performance group (NL), Ivo Dimchev (BG), Renan Martins (DE/BR), Martin Talaga (CZ/SK), Petra Tejnorová (CZ/SK) and Pietro Marullo (IT/BE). Helena went to several International cities and festivals. As for example, Revolve Performance Art Festival, Sweden (2022), Seoul International Dance Festival, South Korea (2018), Impulstanz Festival, Austria (2018), Tanec Praha, Prague (2017), Festival des Arts de Bordeaux, France (2018), New Baltic Dance Festival, Lithuania (2018).

In recent years, Helena has been working as a dance and performance improvisation teacher. Her practice is called shake it to the ground and bring it back up and she has shared it in different places such as Masters at AP School of Arts, DeSingel (BE), Fontys Academy of Circus and Performance Art (NL), Dansverkstaedid (IS), University of Arts in Iceland (IS) and Espaço Mova (BR).